



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1 Barrie Trojan Cup</b>	<b>2</b> 4:00-5:30 pm	<b>3</b> 4:00-5:00 pm pool /5:05-5:30 pm Dryland	<b>4</b>	<b>5</b> 4:30-5:30 pm	<b>6</b> 4:00-5:30 pm group time trial	<b>7</b> Dryland 6:15-7:00; pool 7-8 am
<b>8</b>	<b>9</b> 4:00-5:30 pm	<b>10</b> 4:00-5:00 pm pool /5:05-5:30 pm Dryland	<b>11</b>	<b>12</b> 4:30-5:30 pm	<b>13</b> 4:00-5:30 pm group time trial	<b>14</b> Dryland 6:15-7:00; pool 7-8 am
<b>15</b> Last practice Fri Dec 20 until Jan 6th	<b>16</b> 4:00-5:30 pm	<b>17</b> 4:00-5:00 pm pool /5:05-5:30 pm Dryland	<b>18</b>	<b>19</b> 4:30-5:30 pm	<b>20</b> 4:00-5:30 pm group time trial <b>last practice</b>	<b>21 NO AM</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Christmas Day	<b>26</b>	<b>27</b>	<b>28</b>
<b>29</b> <b>5 Swimming starts Jan 6</b>	<b>30</b>	<b>31</b>	<b>Jan 1</b> New Years Day	<b>2</b>	<b>3</b>	<b>4</b>



Thank you Sponsors!